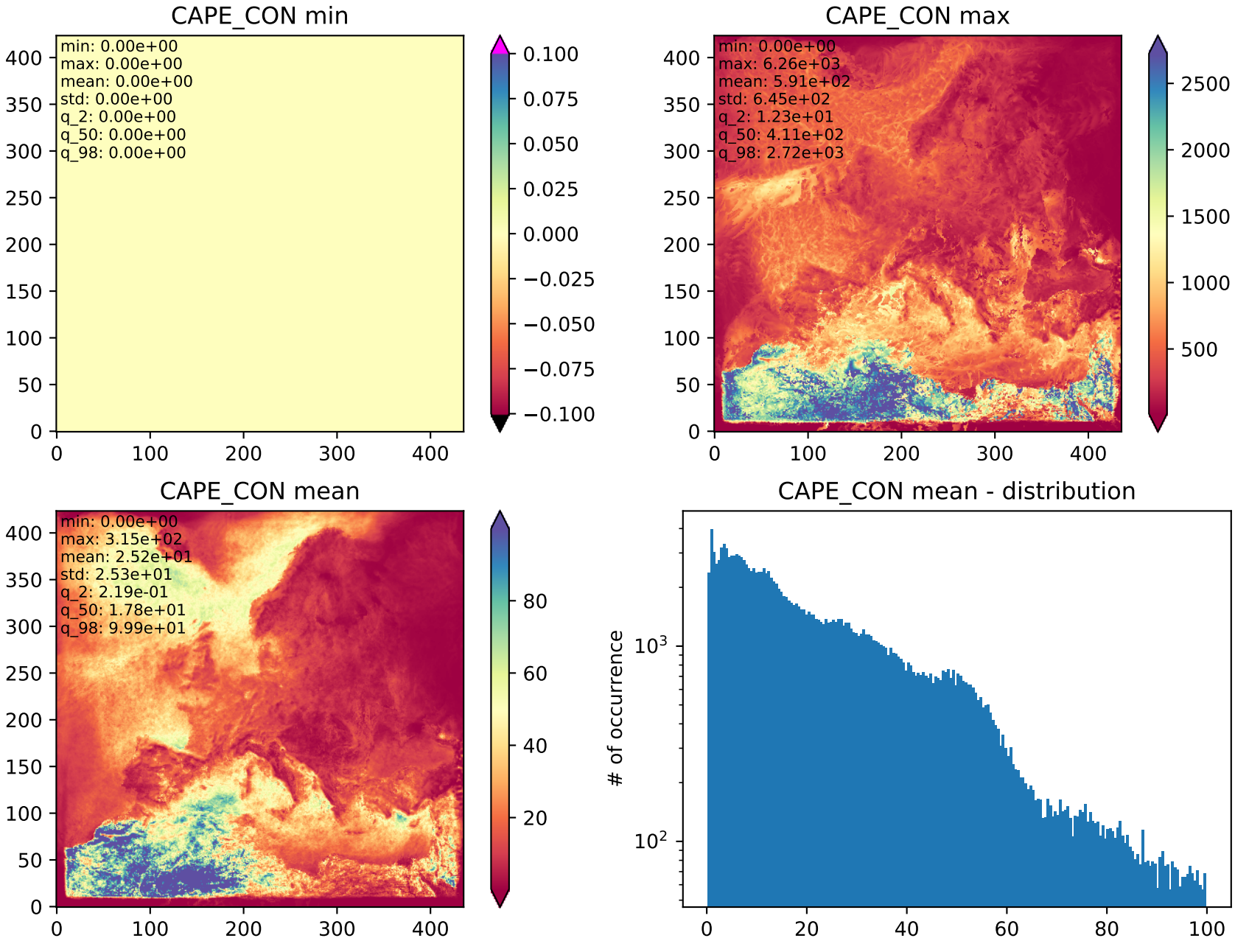Sanity-Check for CAPE_CON_ts.nc
Var: CAPE_CON